Choosing Where to Get Care

Understanding the Cost of Care

The cost of care can vary significantly depending on where you seek treatment. When appropriate, choosing the right setting can help reduce out-of-pocket costs and save time.

Type of Care	Typical Cost	Wait Time
Virtual Visit	$	~15 Minutes
Primary Care Physician	$$	~1 Week
Urgent Care	$$$	~30 Minutes
Hospital	$$$$	Varies
Emergency Room	$$$$$	~4 Hours

When to Use Each Option

Virtual Visit

- Cold, Flu Pink Eye
- Prescription Refills
- Minor Skin Issues

Primary Care

- Annual Checkups
- Chronic Conditions
- Non-Urgent Illness
- Preventive Care

Urgent Care

- Minor Fractures
- Cuts & Stitches
- Flu or Fever
- Minor Infections

Emergency Room

- Chest Pain
- Breathing Issues
- Severe Bleeding
- Head Trauma Stroke Symptoms

Smart Care Tip:

Whenever possible, start with virtual care or your primary care physician before visiting urgent care or the emergency room to help lower costs and improve your overall experience.