curative | wondr™

Wondr: Safe, supported weight loss that lasts.

For qualifying members, Curative offers Wondr™, a digital weight management program at no cost to you.* Learn clinically proven skills that fit seamlessly into your everyday life, helping you build healthy habits and achieve lasting results.



How Wondr works

Wondr goes beyond empty diet fads and one-size-fits-all programs to personalize your path to better health. Through tailored skill-building sprints, curated content, and 1:1 support, Wondr helps you develop lasting habits for weight loss, better sleep, more energy, and lower chronic disease risk.

1

Build science-backed skills

Learn simple and sustainable skills in 12 weeks through bite-sized videos and flexible tools.

2

Experience the anti-diet

Trade calorie counting for practical strategies — enjoy your favorite foods while still losing weight.

3

Support your whole health

Get recipes, meal plans, coaching, and community support for lasting results.

*Members must complete a Baseline Visit within the first 120 days of the plan's start date to maintain $0 out-of-pocket costs for covered services with in-network providers and preferred prescriptions.

No copays.
No deductibles.
No...really.

Contact your **Care Navigator** through your Member Portal or call **Member Services** at **(855)-428-7284** to check your eligibility and learn more.

Curative © 2026, All rights reserved. Curative Insurance Company, PPO. MB260803-1